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| **HEALTH** | | |
| **Grade: 2** | **Unit: Personal Health** | |
| **Lesson: 2** | **Activity: What I like about me** | **Duration: 30 minutes** |
| **Essential Question: What makes you, you?** | | |

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| **OUTCOMES FROM ALBERTA PROGRAM OF STUDIES** |
| **General Learning Outcome 1:** Students will make responsible and informed choices to maintain health and to promote safety for self and others.  **Specific Learning Outcome 1:** Describe personal body image |
| **Learning Objectives** |
| *Students will:*   1. *Use Phonto to create a self esteem image* 2. *Develop a better understanding of positive body image* |

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| **ASSESSMENTS** | | | |
| **Observations:**   * *Student’s ability to collaborate and work with peers* * *Student’s ability to recall material from last class* * *Student’s ability to create an image with a positive body message* | | **Key Questions:**   * *Why did you pick this to write?* * *How else can we increase our self-esteem?* * *Do you feel better after this?* | |
| **MATERIALS AND EQUIPMENT** | | | |
| * 4 Ipads with Phonto downloaded * Notebook slides | | | |
| **PRE-LEARNING CONSIDERATIONS** | | | |
| * Make sure that the ipads are charged * All ipads have Phonto downloaded | | | |
| **TEACHER RESOURCES** | | | |
| * Sheets that the students wrote on last class * Lesson plan | | | |
| **PROCEDURE** | | | |
| **Introduction** **and Review** (8 min.): | **Teacher**  *Assessments of Prior Knowledge:* teacher will review what we did last time in health class (read the book beautiful oops and filled out things that we liked about each other)  Tell the students that in a little bit they will get those sheets back and have some time to read over all of the nice things that their friends said about them!  Explain that we are going to be using the app Phonto and in groups we will take turns taking pictures of ourselves and writing what you like about yourself on it (teacher will show the students how to do this at the front of the room and walking around to make sure everyone can see up close)  (show notebook slide)  Teacher will group the students in their pods and move everyone to a different pod in the first one so that we only have 4 groups  *Expectations for Learning and Behaviour:*  students are listening to the instructions, being respectful, sitting in their desks, and keeping talking to a minimum. | | **Student** |
| **Teacher/Student Transition**  (3 min.)**:** | **Teacher**  Teacher will call out the names of the students and they can come up and collect their sheet from last class  Once everyone has their paper the students can get into their groups and collect an ipad | | **Student** |
| **Learning Activity #1**  ( 10 min.)**:** | **Teacher**  Teacher will give the students time to work and circulate around the room.  Teacher will give the students a 5 minute warning before the time is up  ***Key Question:*** *why did you pick this one to put on your picture?* | | **Student** |
| **Teacher/Student Transition**  (4 min.): | **Teacher**  Have each group bring their ipads to the front of the class  Teacher will email the images while the students are getting back into their desks | | **Student** |
| **Learning Activity #2**  (4 min.)**:** | **Teacher**  Once all of the images are sent through email the teacher will go through each one with the class  ***Key Question:*** *How else can we increase our self-esteem?**Do you feel better after this?* | | **Student** |
| **Closure** (1 min.): | Have the students collect the ipads and put them away  *Feedback to Students:* Thank you for working hard today and respecting each other and the expectations in class. | | **Student** |
| **Extra Time Activity:** eat snack before recess | | | |